



## Lunch @ RED OAK | \$4

Each meal is served with vegetables, fresh fruit, and a choice of fat free or 1% milk

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			EARLY DISMISSAL	1 <i>Italian</i> Vegetable Lasagna Garlic Bread Roll Fresh Veggies w∕ Dip	2 Mexican Burrito: Chicken <b>OR</b> Bean Chips & Salsa Garden Salad	
4	<i>Pizza</i> Thin Crust Pizza Caesar Salad	5 Mexican Tacos: Chicken <b>OR</b> Bean Mexican Rice Garden Salad	6 Territoria Street Potatoes 7	B Chinese Orange Chicken <b>OR</b> Tofu Brown Rice Roasted Broccoli & Carrots	9 <i>All American</i> Grilled Cheese Sandwich Fresh Veggies w/ Dip	10 Don't miss the delicious FREE samples at lunch!
11	<i>Pizza</i> French Bread Pizza Caesar Salad	12 Asian Asian Chicken <b>OR</b> Tofu Salad w/ Sesame Dressin Edamame Pods Fortune Cookie	<i>All American</i> BBQ Veggie Burger*	15 <i>Italian</i> Pasta w/ Red Sauce Garlic Bread Roll Fresh Veggies w/ Dip	16 WORLD FOOD DAY Mexican Bean & Cheese Quesadilla Chips & Salsa Garden Salad	
18	<i>Pizza</i> Thin Crust Pizza Caesar Salad	19 Mexican Tacos: Chicken <b>OR</b> Bean Mexican Rice Garden Salad	D 21 <i>Italian</i> Hummus & Veggie Wrap Glazed Sweet Potatoes	22 <i>Chinese</i> Honey Sesame Chicken <b>OR</b> Tofu Brown Rice Roasted Broccoli & Carrots	23 <i>All American</i> Grilled Cheese Sandwich Fresh Veggies w/ Dip	2
25	No School	26 2 <i>Pigga</i> French Bread Pizza Caesar Salad	7 28 <i>All American</i> BBQ Veggie Burger* Crispy Potato Wedges Corn on a Cob	29 <i>Parent Conferences</i> Lunch will not be served	30 <i>Parent Conferences</i> Lunch will not be served	3 Happy Halloween



Menu is subject to change without notice

Entrée available w/o dairy ingredients. Please ask.

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allergens. Please contact the Student

Nutrition Department at (818) 735-

3203 for further information about

gluten-free choices.

